

East Dunbartonshire
Association for Mental Health



Supporting
your journey
to better
mental health
and well-being

Your
edamh
your support, your journey

Violence Against Women Recovery Project

Provides a service to women 18+ whose lives have been affected by past or current domestic abuse and who live within the boundaries of East Dunbartonshire.

We provide support to women pursuing their recovery, shaped by their hopes and needs, to improve their mental wellbeing and quality of life. Our service offers specialist emotional, practical and social support through:

- Individual support
- Women's peer support groups
- Access to trauma counselling

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I live a fearless, fuller life and none of this would have been possible without the vital service EDAMH provides

EDAMH Service User

For more information or to make a referral contact us on:

Phone: 0141 955 3040
Email: info@edamh.org.uk

Office hours are 9am till 5pm, Mon-Fri

edamh.org.uk